

Organisations which can support survivors of sexual offences¹

Refuge

<https://www.refuge.org.uk/>

Tel: 0808 2000 247 (Freephone 24hour National Domestic Violence Helpline (run in partnership between Women's Aid and Refuge)

Refuge support those who have experienced domestic violence, sexual violence, "honour" - based violence, forced marriage, FGM, human trafficking and modern slavery. They run a range of specialist services to help survivors access safety and rebuild their lives. Refuges provide emergency temporary accommodation for women and children fleeing abuse.

Outreach workers support women in their homes or in a safe place within the community. They also run a 24 hour helpline run in partnership with Women's Aid.

Women's Aid

<https://www.womensaid.org.uk/>

Tel: 0808 2000 247 (Freephone 24hour National Domestic Violence Helpline (run in partnership between Women's Aid and Refuge)

Women's Aid is a national charity working to end domestic abuse against women and children. The organisation empowers women who have been affected by domestic abuse to live independent lives free from fear and abuse.

There is also a **Scottish Women's Aid** - <https://womensaid.scot/about/> - 0800 027 1234

Women's Aid Federation Northern Ireland – 24 hour domestic and sexual violence helpline – 0808 802 1414. <https://www.womensaidni.org/get-help/domestic-sexual-violence-helpline/>

The Survivors Trust

<http://thesurvivorstrust.org/>

Tel: 0808 801 0818 (support, advice and info)

The Survivors Trust is a UK-wide national umbrella agency for 130 specialist organisations which provide support for the impact of rape, sexual violence and childhood sexual abuse throughout the UK and Ireland.

SurvivorsUK

<https://www.survivorsuk.org/>

Chat: via SMS text 020 3322 1860 or via Whatsapp 074 9181 6064

SurvivorsUK offers a range of support services including counselling and therapy appointments as well as online chat for men who have experienced sexual violence. All services are provided by trained professionals who as specialists in the field of male sexual violence have helped many men to work through their experiences. SurvivorsUK was established as a service for male survivors, however it is an inclusive service and welcome anyone who identifies as male, trans, non-binary, has identified as male in the past, or anyone who feels that they are the right fit for them.

Rape Crisis England and Wales

<https://rapecrisis.org.uk/>

Tel: 0808 802 9999

This is an umbrella body for a network of independent Rape Crisis Centres across England and Wales. It is a feminist organisation which aims to promote the needs and rights of women and girls who have experienced sexual violence. Rape Crisis Centres are women-led and offer

¹ The list below is accurate as of October 2018. If any organisation would like to be included on this list, please contact Charlotte Urwin, Head of Standards via charlotte.urwin@ipso.co.uk.

support, advocacy, counselling and information in a women-only safe space. Some provide separate space for male sexual violence survivors.

Rape Crisis Scotland

<https://www.rapecrisisScotland.org.uk/>

Tel: 08088 01 03 02

Rape Crisis Scotland provides a national rape crisis helpline and email support for anyone affected by sexual violence, no matter when or how it happened. The helpline is normally open from 6pm to midnight, 7 days a week. It offers free and confidential initial and crisis support and information. The helpline can put people in touch with local rape crisis centres or other services for ongoing support. The local centres all have their own websites and helplines. They offer phone, email and face-to-face support; information about all aspects of sexual violence, the law and medical issues; accompaniment to hospital, police station courts and other services; groups, workshops and therapies.

Nexus NI

<http://nexusni.org/>

Nexus NI offer services and support to people who have been affected by sexual violence in any form across Northern Ireland. Services include: Counselling, training, education, support, helplines (many of which are 24 hour) and websites offering advice and support to people affected by sexual violence.